

Year 9 Options

2026-2028



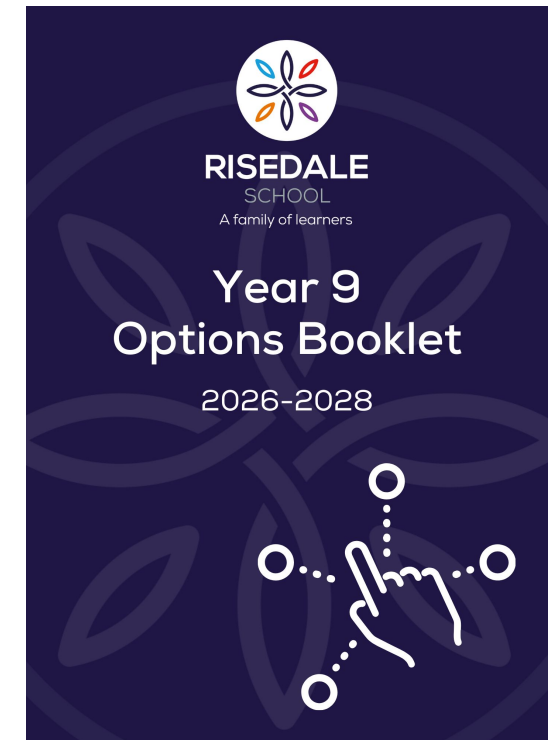
RISEDALE

A family of learners



The Options Process 'To Do List':

- Read the Options Booklet to find out more about each subject including; course information, assessment and further opportunities and careers.
- You can find a digital copy of the Options Booklet on our dedicated Year 9 Options website page at www.risedale.org.uk/curriculum/year-9-options
- Think about the subjects you might like to choose - discuss your thoughts with teachers and parents/carers.
- Carefully decide on your option subject preferences following the guidance provided.



YEAR 9 SUBJECT LIST 2026-2028



THE CORE SUBJECTS

Compulsory Examination Subjects:

English Language

English Literature

Maths

Science

Compulsory Non-examination Subjects:

Physical Education (PE)

Religion, Philosophy and Ethics (RPE)

Social Studies (PSHCEe - Personal, Social, Health, Citizenship & Economic education).

YOUR OPTION SUBJECTS

Art, Craft and Design

Computer Science

Design and Technology

Drama

Engineering

Fashion and Textiles

Food Preparation and Nutrition

French

Geography

German

Health and Social Care

History

Information Technology

Media Studies

Music

Religious Studies

Science: Triple Award

Sport Studies

Travel and Tourism

How Your Choices Shape the GCSE Timetable

Your choices matter! We use the subjects you select from the online Options Form to build the KS4 timetable.

We'll always try our best to give pupils their first choices. However, we can only run a course if enough pupils opt for it. Because of this, we can't guarantee every subject will be offered after all the forms are collated and reviewed.

To make sure we have a wide range of subjects for everyone, we may need to make changes based on overall demand. So, please choose subjects you'll really enjoy and feel comfortable studying.

Guidance that everyone MUST follow:

Pupils are required to choose **four** subjects in accordance with the guidance provided:

- Pupils can only select **Art, Craft and Design** or **Fashion and Textiles**; they cannot select both.
- Pupils can only select **Design and Technology** or **Engineering**; they cannot select both.
- Pupils can only select **Food Preparation and Nutrition** or **Health and Social Care**; they cannot select both.
- Pupils can only select **Triple Science** if they are in the top 2 Science groups (9SC1 or 9SC2).

Understanding the EBacc

You may have heard EBacc being mentioned. At Risedale, there is **no obligation** to choose the EBacc pathway. We believe your options should reflect your individual strengths and what you want to achieve in the future.

The EBacc is not a separate qualification, but a specific combination of GCSEs: **English, Maths, Science, a Language (French or German) and a Humanity (History or Geography).**

Why consider it? Whilst it isn't mandatory, there are benefits to including these subjects in your options:

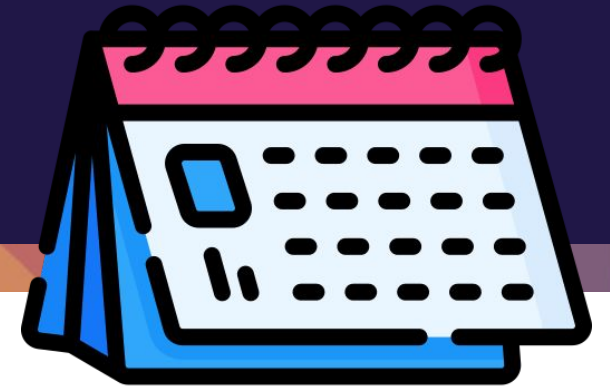
- **University & Career Readiness:** This combination is highly respected by the UK's top universities and provides a solid foundation for A-Levels.
- **Versatility:** It shows employers that you are an "all-rounder" who can handle both technical subjects and analytical, essay-based subjects.
- **Broad Horizons:** A language and a humanity subject help you understand the world around you, giving you a competitive edge in a global job market.

Your Choice: The most important thing is that you feel confident and motivated by your subjects. Use your options to create a balanced timetable that works for you—whether that includes the full EBacc suite or a different mix of subjects that better suits your talents.

Option Blocks

Option Block A	Option Block B	Option Block C	Option Block D
Engineering	Computer Science	Design and Technology	Art, Craft and Design
History	Drama	Food Preparation and Nutrition	German
Music	Fashion and Textiles	French	Health and Social Care
Sport Studies	Food Preparation and Nutrition	Information Technology	History
Triple Science	Geography	Media Studies	Travel and Tourism
	Sport Studies	Religious Studies	

KEY DATES



Now and Ongoing: Careers Guidance (CEIAG)

One-to-one interviews and careers lessons in tutor time to explore post-16 pathways.

TONIGHT (Thursday 22nd January): Year 9 Options Evening

24th – 25th January: Reflection Weekend

A chance for families to review the booklet and agree on preferred subject choices.

26th – 27th January: Form Tutor One-to-One and Completion of Form

Pupils meet with Form Tutors to finalise choices and complete their Options Form in school.



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Careers Education Information Advice Guidance



How 'CAREERS READY' are you to support your child?

- Tonight is a great opportunity to connect with the Risedale School Careers Team who are here to help you navigate the options process and answer your questions.
- The following link has been sent to parents with information on all the pathway routes available to your child post-16: [Your Options \(Technical Training Booklet\)](#)
- For further CEIAG advice, please visit our [Careers](#) website page. We encourage you to review this information and take advantage of the opportunity to speak with our Careers Team.