



Monday 17th January 2022

Dear parent/carer,

## **SUBJECT: COVID-19 updates beginning Monday 17th January 2022**

### **Changes to the self-isolation period for people with COVID-19:**



From today, people who test positive with COVID-19 are now able to reduce their isolation period if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a high temperature.

The day symptoms begin or you test positive is day zero. The next day is day one of your isolation period. You can take your first LFD test on day five. If it is negative, you can take another test 24 hours later on day six. Assuming this is also negative - and you do not have a temperature - you can immediately leave isolation.

If the result of either test is positive, you should continue to self-isolate until you get negative results from two LFD tests on consecutive days or until you have completed 10 full days of self-isolation, whichever is earliest.

The rules apply whether you are vaccinated or not. Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#) is available.

### **Second doses of COVID vaccines for 12-15 year olds:**

On Friday 14th January, we sent parents/carers a letter regarding COVID-19 vaccinations for pupils at Risedale: [COVID-19 Vaccination Risedale School \(Sent 14/01/2022\)](#)

The School Age Immunisations Team is offering first and second vaccinations for Risedale pupils aged 12-15 years old who are eligible for vaccination. Second vaccinations can only be given 12 weeks after the first.

In addition to the school offer, there is a community offer for 12-15 year olds who are eligible for vaccination. Walk-in vaccination clinics across North Yorkshire are available for first and second doses. The national booking system can also be used to book appointments for 12-15 year olds. People in this age group who have had COVID-19 recently can get their vaccine 12 weeks after their positive test.

More information and links to the national booking system [can be found here](#).

Community clinics that offer vaccinations to 12-15 year olds can be found by following the links below – there are many clinics arranged for the next few weeks. Community clinics are set up by the three Clinical Commissioning Groups (CCGs) that cover North Yorkshire; the North Yorkshire CCG,





the Bradford and Craven CCG and the Vale of York CCG. North Yorkshire residents can attend any walk-in clinic, even if they live outside of the areas they cover.

- [walk-in clinics in the North Yorkshire CCG area](#)
- [walk-in clinics in the Bradford and Craven CCG area](#)
- [walk-in clinics in the Vale of York CCG area](#)

The vaccination programme is in place to help protect children and young people against COVID-19 and stop the spread of the virus within schools, families and the wider community. Vaccinating 12-15 year olds doesn't just protect them – by helping to stop the spread of COVID-19 this winter they will also be protecting vulnerable friends and family of all ages.

### Other general COVID-19 reminders:

**You need to report each test result (positive, negative or void):** To the NHS Test & Trace self-report website: [Report a COVID-19 rapid lateral flow test result](#) and to the school: [PUPILS Home Test Result Form](#).

**Lateral Flow Tests (LFD) are for people who DO NOT have COVID-19 symptoms:** Please encourage your child to continue testing twice-weekly, at home, 3-4 days apart. If your child gets a positive LFD test they must isolate straight away. They do not need to go for a PCR test to confirm this result. Please inform the school if your child tests positive.

**PCR Tests are for people who DO have COVID-19 symptoms:** Anyone who develops any of the 3 main COVID-19 symptoms should stay at home, self-isolate and take a PCR test, not an LFD test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test. Please inform the school if your child tests positive.

LFD testing is still encouraged even if a person has tested positive in the last 90 days.

**Daily testing for close contacts of COVID-19:** If your child is identified as a close contact of someone with COVID-19, they should take an LFD test every day for 7 days and continue to attend school as normal, unless they have a positive test result or develop symptoms at any time.

**Face coverings at Risedale:** All pupils, staff and visitors must wear a face-covering in communal areas and classrooms unless they are exempt.

**Visitors to the school:** All visitors should carry out an LFD test before entering the school. Teachers are unlikely to be able to meet parents without previously booking an appointment due to their teaching commitments. Please remember that staff are happy to be contacted via [email](#).

Thank you for your continued support,

**Mr Colin D Scott**  
Headteacher

