



**RISEDALE**  
A family of learners

**RISEDALE SCHOOL**

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Wednesday 23rd November 2022

Dear parent/carer,

**SUBJECT: Winter Vomiting Bug Guidance**

I am writing to inform you that there is an increase in the number of pupils at school with diarrhoea and vomiting consistent with Norovirus/viral gastroenteritis.

Symptoms of norovirus include vomiting, diarrhoea, abdominal cramps, headache and fever (temperature above 38C). The condition usually resolves within 24 to 48 hours.

Norovirus is very infectious. If your child develops these symptoms, and to prevent further cases in school, we would ask you to keep your child at home for at least 48 hours after the last episode of diarrhoea or vomiting. This is national guidance supported by Public Health England and our local Community Infection Prevention and Control team.

There is no specific treatment for norovirus, however it is important to encourage your child to drink plenty of fluids to prevent dehydration, and ensure all your family and visitors to your home are able to wash their hands with soap (preferably liquid soap) and water to help prevent the spread of infection.

If you are concerned about your child and symptoms do not seem to be settling, please telephone your GP or NHS Direct on 111.

Yours sincerely,

**Mr Colin D Scott**  
Headteacher

